



# MEET MICHAEL GERACI

NEW HEALTH & WELLNESS SPECIALIST AT LVT

## HELLO!

At Luxury Ventures Travel, we believe wellness travel encompasses physical, mental and social well-being, as well as spiritual health. It goes beyond a spa visit or a fitness class and authentically connects you to yourself and your surroundings.

As we head into the New Year, we are dedicated to placing a greater focus on personal well-being and providing holistic wellness experiences to our loyal clients. With that being said, we are thrilled to introduce you to our newest team member, Mr. Michael Geraci, a Health and Wellness Coach, Travel Specialist, and Yoga Teacher.

With over twenty years of yoga practice and decades living a health and wellness lifestyle, Michael's comprehensive expertise includes exercise, meditation, nutrition, detoxification and connection to nature. He teaches that yoga is not all about love and lights, yet more a method of facing our challenges with acceptance and calm. Michael is an avid ocean lover, outdoorsman and adventurer; modalities he utilizes with his clients for the optimal experience of well being. Additionally, Michael brings a strong sense of practicality and work/life balance training to his health and wellness practice. With a twenty year career as a Wall Street trader, he is able to offer methods of how to mitigate the stress of the workplace and long demanding hours.

His steps to good health begin with helping his clients reset their circadian rhythms and accessing the essential nourishments of clean water, proper sunlight exposure and the earth's magnetism. Unfortunately, toxins have inundated our environment and interfered with what makes us healthy. Toxins in the form industrial pollutants, everyday products, electromagnetic frequencies, and malnourished soil and water have to be mitigated so the proper practices and nutrients can take effect.

As a world traveler, Michael understands the need for sophisticated travelers to have access to optimal wellness that will make the difference for an unforgettable experience. Michael has traveled extensively throughout Europe, Africa, South America and the East. A recent trip to Kenya for a volunteer mission to work with schools and orphanages tops his list of fulfilling endeavors. His passion for travel and interacting with new cultures is limitless.

Luxury Ventures Travel is so pleased to welcome Michael to our travel family as we pursue our passion for wellness travel. In addition, through our exclusive partnerships, we are thrilled to provide you with exclusive amenities during your stays at our worldwide portfolio of wellness properties, including but not limited to priority upgrades, spa credits, educational add-ons, complimentary breakfast daily, and priority late check-out.

Thank you for allowing us the opportunity to transform your life through wellness

travel... There is no better moment than now to take a moment for yourself.

Happy New Year,

*Victoria Zindell*



**Victoria Zindell**

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